# North Carolina State University

**INFORMED CONSENT FOR 4-H RESEARCH -- PARENT AND YOUTH 18**

**This form is valid July 13, 2010 to July 13, 2011**

**YOUR INVITATION TO PARTNER WITH 4-H ON RESEARCH *“TO MAKE THE BEST BETTER’***

**Title of Study: GPS: Validating Tools for Successfully Navigating Life’s Choices**

***In partnership with Tufts University Eliot-Pearson Department of Child Development***

Principal Investigator, Tufts University: Richard M. Lerner, Ph.D.

North Carolina Research Collaborator: Dr. Ben Silliman

Project Director: Edmond Bowers, Ph.D.

**PURPOSE OF STUDY**

You are invited to participate in a study to test the merits of a teaching tool that will be used by youth-serving professionals to educate young people about strategies that are useful for setting and achieving their goals. These strategies, which we are calling “GPS”, have been linked to positive outcomes in youth across the nation.Evaluation activities will always be conducted within the guidelines of the NC 4-H Code of Ethics and North Carolina State University Human Subjects Research guidelines.

**STUDY PROCEDURES** You will be asked to complete a survey 3 times during the year that takes approximately 45 minutes each. Your 4-H agent will administer the survey. The survey is broken into two parts. The first part is a grid, or rubric, that will ask youth to rate themselves on the strategies they use to achieve their goals. The second part final part will include questions about using the GPS survey and curricula with the mentor(s). These instruments will be completed online. Your child’s 4-H Club leader will also rate you each time on goal setting and youth development. Assessments will take place on a secure computer at a site arranged and supervised by your county 4-H agent. We make every effort to avoid a “testing” environment. Our goal in 4-H is that evaluation strengthens relationships, promotes learning, and helps 4-H volunteers and professionals build better programs for your youth.

**RISKS AND BENEFITS** Participation is voluntary. If either you decline to provide consent to participate in this study (as indicated by not signing this form), such a decision will in no way affect your ability to register for and participate in current or future 4-H activities. Also, your may quit participation without penalty. Some of the questions deal with personal topics (for example, questions about your views about your future). Although we would like you to answer all the questions, participants are free to skip any questions they don’t want to answer.

Participating in evaluation often helps youth reflect on learning and contribute to improving 4-H programs for themselves and others. Responses you provided will help us learn more about the experiences that promote positive youth development. This kind of information is needed to create effective programs for children and national and local policies that are beneficial to children and families.

**CONFIDENTIALITY** Your identity and information will be kept confidential, except as required by law. All names and identifying information will be removed from each survey and will be replaced by a random identification number. Only members of the research team will have access to the surveys, and all information will be used for research purposes only. We only will use your address and telephone number, if you wish to provide it, to send thank-you cards and additional correspondence.

No names or information that might identify specific participants will be used in oral or written reports to link your child to the study.

**COMPENSATION** You will receive a $50 gift card to Target for their completion of these surveys. This gift card can be used in a retail outlet or online.

**CONTACT**  If you have questions at any time about the study or the procedures, you may contact Dr. Ben Silliman at 512 Brickhaven Road, NCSU or (919) 515-8485. If you or your child feels he/she have not been treated according to the descriptions in this form, or his/her rights as a participant in research have been violated during the course of this project, you may contact Deb Paxton, Regulatory Compliance Administrator, Box 7514, NCSU Campus (919/515-5414). The contact person for this project at Tufts University is Dr. Edmond Bowers (617) 627-4489 Ed.bowers@tufts.edu

**YOUTH OVER 18 YRS CONSENT**

**GPS 2011: Validating Tools for Successfully Navigating Life’s Choices**

**PROCEDURE**

If you give permission, and your child agrees to participate, please do the following:

1. Read this Consent Form (**Pages 1 & 2**) and indicate whether or not you agree to participate on the Signature Form (**Bottom of Page 12**).
2. Retain a copy of the Signature Form (**Page 2**) and return it to your mentor. Keep the original Consent Form (**Pages 1 & 2**) for your records.

**YOUTH OVER 18 YRS CONSENT STATEMENT**

I understand that participation in this study is voluntary. I understand that I may refuse to participate in this study. I also understand that if, for any reason, I child wish to discontinue participation in this study at any time, I will be free to do so, without any negative consequences. I have been fully informed of the above-described study with its risks and benefits, and I hereby consent to participate(s) in this research. I have received a signed copy of this consent form. I consent to participate in the described research.

**Researcher’s Statement:**

I have fully disclosed to Parent/Legal Guardian/Participant the nature and purpose of the research.

**March 1, 2011**



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**Signature of Principal Investigator DATE**

 March **1, 2011**

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**Signature of NCSU Researcher DATE**

**YOUTH OVER 18 YRS CONSENT**

**GPS 2011: Validating Tools for Successfully Navigating Life’s Choices**

**YOUTH OVER 18 YRS. Consent:**

I have read and understood the above information. I consent to participate in the described research and I give my consent to participate.

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**YOUTH** SignatureDate Please Print **Your** Name

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